



OUT-OF-SCHOOL ENGAGEMENT

CARE BEYOND THE BELL

At Red Oak Behavioral Health most of our services are provided during the school day, but what happens after school, during a snow day, or during school breaks? Our team takes a creative approach to engage with clients even when school isn't in session. Activities such as cooking or crafts can be vehicles to practice skills such as self-regulation, building frustration tolerance, or following directions. Check out some snapshots of recent out-of-school sessions.



Snowy Day Yoga and Mindfulness in the Training and Development Center



Making Grilled Cheese Sandwiches in the BistRO Kitchen After School



"Fill Your Bucket" Activity in the Intervention Center during Spring Break